



2020 ARMED FORCES WRESTLING CHAMPIONSHIP

1. COMPETITION RULES: Current United World Wrestling Rules, as amended by the Armed Forces Sports Council (AFSC).

2. TOURNAMENT FORMAT AND OLMPIC TEAM TRIALS INFORMATION:

a. Dual Meet – World Cup Points.

b. The 2020 Armed Forces Greco-Roman Championship shall serve as an Olympic Trials qualifying event. The highest placed Greco-Roman wrestlers per the ten weight classes, winning a medal (gold or silver), who has yet to qualify, will qualify for the 2020 U.S. Olympic Team Trials – Greco-Roman Wrestling.

c. The 2020 Armed Forces Freestyle Championship is not classified as a qualifying event for the Olympic Team Trials. Freestyle wrestlers must compete at other USA Wrestling sanctioned qualifying events in order to qualify for the 2020 U.S. Olympic Team Trials – Freestyle Wrestling.

3. WEIGHT CLASSES: Greco-Roman (GR), Freestyle (FS) and Women's Freestyle (FW) weight classes are as followed:

Greco-Roman (all weights in kilograms):	55, 60*, 63, 67*, 72, 77*, 82, 87*, 97*, 130*
Men's Freestyle:	57*, 61, 65*, 70, 74*, 79, 86*, 92, 97*, 125*
Women's Freestyle:	50*, 53*, 55, 57*, 59, 62*, 65, 68*, 72, 76*

* denotes Olympic Weight Categories

4. WEIGH-IN AND COMPETITIONS:

a. For all competitions, the weigh-in is organized each morning of the concerned weight-category. All wrestlers will weigh-in once on the day of competition and declare the weight class they intend to compete in the respective style. Competitors wrestling in both Greco-Roman and Freestyle are required to weigh-in on each day of competition.

b. A 2kg weight allowance is authorized Freestyle (Men/Women) only. Weight allowance for Greco-Roman is not authorized due to the event listed as an Olympic Trials qualifying event.

5. DRAW PROCEDURES: First place team prior year competes against fourth place team from prior year for first match, while second place team from prior year opens against third place team from prior year. The winning teams of the first two meets face the opposite losing teams, with the final meets being between the two opening winners and the two opening losing teams. The upper seeded teams in all matches wear red.

6. SCHEDULED WEIGH-INS AND MEDICAL CHECKS: Combined Weigh-ins and medical checks are conducted IAW current USA Wrestling Rules, and supervised by the Tournament Director. Weigh-ins and medical checks are limited to one hour. The host site will provide a medical doctor. All Service representatives must attend. Teams will weigh-in as a team, based upon finish (lowest to highest) from previous year.

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7. **SCORING:** The World Cup Scoring System is employed. Each individual bout (weight) will earn team points under the UWW formula of point scoring, with points awarded as follows:

<u>Individual Scoring</u>	<u>Winner</u>	<u>Loser</u>
Victory by Fall	5	0
Technical Superiority (8 points advantage in Greco/ 10 points advantage in Freestyle)		
-Loser has technical points	4	1
-Loser has no technical points	4	0
Injury Default	5	0
Forfeit/Default*	5	0
Decision (1-5 margin)		
-Loser has technical points	3	1
-Loser has no technical points	3	0
Disqualification	5	0
Double Disqualification	0	0

* Wrestlers forfeiting, regardless of reason, shall forfeit the rest of their remaining matches during that day's session (Greco-Roman or Freestyle).

8. **FINAL TEAM STANDINGS:** One overall team champion and runner-up will be declared based upon a combination of both Greco-Roman and Men's Freestyle results. Women Freestyle results will not contribute to the overall team standings. The following point system will be used to determine team standings. Each team will receive the following number of points:

- a. For each dual meet win: 2 points
- b. For each dual meet tie: 1 point
- c. For each dual meet loss: 0 points

9. **TIE-BREAKER PROCEDURES:**

a. If there is a tie in team points between any teams, the result of the team score of their dual meet against each other will determine the placing. If two or more teams have equal points at the end of all bouts in the competition, the winner is determined by adding dual meet points accumulated during the entire competition. If points scored in all dual meets are the same for two teams, then the higher finish will be determined by assessing the following: the most fall; most victories by superiority (6 point difference); the most victories of periods of superiority; then the addition of all technical points of each team's wrestlers. The team with the highest number of technical points will have the highest placing.

b. For two-ways ties, the following shall apply:

- 1) Head to head results between the tied individuals only (two-way tie)

c. For three-ways ties, the following shall apply:

1) In the event of a three-way tie among three wrestlers, most classification points between the tied individuals.

2) Still tied, highest value points among the tied individuals.

3) Still tied, most total points scored in the matches between the tied wrestlers.

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4) Still tied, review weight-in results and the wrestler closest to the weigh-in weight of the weight class wins (not the 2kg allowance).

10. HEADGEAR RULE: Headgear can be worn by wrestlers. If the wrestler's opponent request that the headgear be removed, only a doctor's authorization (verbal or written) will allow it to be worn.

11. DESIGNATED TEAM AREA: Only athletes, coaches (of the designated style), and medical staff listed on the official roster are authorized within the designated team area. OIC's, Service Representatives and non-rostered personnel must remain in the spectator areas. Former coaches or family members are not authorized on the mat or in the designated team area during competition. Credentialed media personnel are authorized around the mat and in team areas as long as they comply with the head referee's instructions and do not interfere during the match.

12. PROTESTS: Protests on rules or eligibility are handled by the protest committee. The protest committee consisting of Service representatives and Chief of Officials will only accept protests when they are submitted in accordance with the specific sport playing rules. Protests must be resolved before a contest can continue.

13. SCHEDULE OF EVENTS: (if there is a CISM championship, the Armed Forces will be conducted 15 days prior to the championship)

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|--------------|-------------------------------------|--|
| a. Day One | 0900-1800 | Teams Arrive |
| b. Day Two | 1100-1130
1130-1230 | Opening Ceremony Rehearsal (If necessary)
Organizational Meeting |
| c. Day Three | 0800-0900
0930-1000
1000-1030 | Medical Checks/Weigh-ins (Greco-Roman and Women's Freestyle for those matches competed on day-three)
Team Photos
Opening Ceremony (Optional) - However, the National Anthem must be played prior to the opening game. All five Service flags must be displayed if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed. |

GRECO-ROMAN MEET BEGINS:

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|------|--|
| 1100 | First Session – Dual Meets (2 mats)
30 mins after First Session
Second Session – Dual Meets (2 mats) |
| 1500 | Third Session – Dual Meet (2 mats)*
*Awards will be presented at mat-side after every two matches. |

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| d. Day Four | 0800-0900 | Medical Checks/Weigh-ins (Men's Freestyle and Women's Freestyle for those matches competed on day-four) |
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FREESTYLE MEET BEGINS:

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1100	First Session – Dual Meets (2 mats) 30 mins after First Session
1500	Second Session – Dual Meets (2 mats) Third Session – Dual Meet (2 mats)* *Awards will be presented at mat-side after every two matches.
1800	Awards Ceremony/Closing Banquet - Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction).

e. Day Five Teams Depart

14. AWARDS:

a. Individual: Awards are given to the champion and runner-up for each weight class in all three styles.

b. Team Award: Individual awards are given to each member of the overall first place team and second place team (to include the coaches, team trainer and OIC) based upon the team standings previously outlined in Para (8).

15. TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP:

Roster not to exceed 38 individuals:

10 Greco-Roman Wrestlers (one per weight class)

10 Freestyle Wrestlers (one per weight class)

10 Women Freestyle (one per weight class)

2 Coaches Greco-Roman

2 Coaches Men's Freestyle

2 Coaches Women's Freestyle

1 Certified Trainer/Doctor

1 OIC

TOTAL: 38

Note: Rosters must be submitted NLT four days prior to championship report date.

16. TEAM COMPOSITION FOR CISM World Military Championships:

(Subject to change based on Host Nation invitation)

10 Greco-Roman Wrestlers (one per weight class)

10 Freestyle Wrestlers (one per weight class)

10 Women Freestyle (one per weight class)

3 Coaches

1 Certified Athletic Trainer/Doctor

1 Team Captain

1 Combined Sports Committee Member

3 UWW Referees

TOTAL: 21

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17. SELECTION PROCESS - CISM:

a. Athlete Selection Process.

(1) The gold medalist within their respective weight class advances to higher level competition. If the gold medalist is not available, the silver medalist advances. If neither gold nor silver medalist is available, the weight class will not be filled unless the AFSWG votes on an exception to policy to allow another qualified athlete to substitute. All athletes advancing to higher-level competition must compete at the Armed Forces Championship.

(2) Dual Medalists. Any wrestler winning both the Greco Roman and Free Style events at the Armed Forces Championship must declare which style he will wrestle in at CISM. This declaration will be made prior to the conclusion of the Armed forces Championship. The silver medalist, in the style that the gold medalist does NOT select, will be eligible to advance to CISM. If both the gold and silver medalists are no longer available, the AFSWG shall determine whether to look at the third place finisher or leave the weight class vacant.

b. Coaching Selection. The Head Coach for the Armed Forces Team shall be the overall winning Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). The Assistant Coach of the Armed Forces Team shall be the overall second place Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). If the winning coach is not available, the second place team coach shall serve as the Head Coach of the Armed Forces Team. Service Reps shall vote on the Assistant Coach for both positions, if neither the first nor second place coaches are available.

18. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to , the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

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e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at:
www.armedforcessports.defense.gov

19. ALCOHOL POLICY: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

20. ICE-BREAKER SOCIAL. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

21. HANDLING OF RULE VIOLATIONS: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).

22. SAFETY REQUIREMENTS:

a. Service Branches are highly encouraged to bring their own medical personnel to the competition.

b. The host Service shall have a physician, Certified Athletic Trainer (ATC), or physician assistant who are familiar with wrestling and wrestling related injuries present at all matches. A head physician shall be designated at the host site. At weigh-ins, two to three medical professionals to include one physician are required to inspect each competitor for infectious skin problems. The Head Physician shall make the final decision on whether participants can wrestle if they have an infectious skin condition.